Parent Information Guide

Welcome to BURSTS – Your essential PE companion

What is BURSTS?
BURSTS is a home learning Physical Education app for children aged 4–7. It supports their readiness for and progress in PE and encourages joyful physical activity, providing you with the confidence to enjoy play and activity with your child(ren). **BURSTS** records and celebrates each child's activity, progress, and rewards, sharing this directly with their school.

Why BURSTS?
Early experiences shape a child's relationship with activity. **BURSTS** ensures joyful opportunities for EVERY child to develop Fundamental Movement Skills (ABCs – agility, balance, and coordination) in a fun and appropriate manner. It supports your child(ren)'s progress in PE, fostering a positive relationship with physical activity.

How do I use BURSTS?
Children learn naturally through short bursts of fun, playful activity. Engaging with your child through **BURSTS** for 5-10 minutes a day, alongside other forms of play and activity, will make a huge difference. You can help, encourage, celebrate, and even join your child in playing **BURSTS**.

What technology do I need to use BURSTS?
To access and use the **BURSTS** app you will require an iOS or Android smartphone or tablet meeting the minimum specifications below:
- iOS version 14 or newer
- Android version 11 or newer

How do schools provide information to BURSTS?
To set up **BURSTS**, schools provide access to pupil information, including details like SEND and pupil premium statuses. This enables **BURSTS** to provide useful aggregated reporting on pupil activity back to schools via a **BURSTS** Dashboard.

How does BURSTS use the data?
BURSTS only uses the information provided by the school for **BURSTS**-related activities. It is never used for other purposes, and we never share it with third parties for their own use. For more details, please refer to our Privacy Policy.

How are BURSTS accounts created?
BURSTS generates a unique code for each pupil, emailed to their parent/guardian to create their account securely. This code ensures a connection between the pupil, parent/guardian, school, and class.

How does BURSTS keep information safe and secure?
Security is our priority. More details about our security measures can be found in our Privacy Policy.

What about face filters?
As part of **BURSTS**' Rewards, pupils can create fun face filters using images taken by parents/guardians on smartphone cameras. These images are stored only on the device on which the photo is taken, giving full control to the parent/guardian regarding sharing preferences.

Thank you for joining us on the BURSTS adventure!

For any additional questions, reach out to us at
info@burstsapp.co.uk

Let's make physical activity an exciting journey for your child!