



ROSSETT ACRE PRIMARY SCHOOL
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*Our school:
'Excellence and happiness for all'*

Charity No.1048680

25 November 2024

Dear Parents/Carers

We are delighted to announce that **BURSTS** is now available for you and your child as part of our school's vision for creating active and healthy children.

BURSTS is a fun and simple to use Physical Education app that offers exciting, meaningful, personalised physical activities for your child to improve their physical literacy through play.

As with phonics in English or numbers in Maths, focusing on physical literacy helps children to develop critical building blocks and start to create a positive relationship with being active. This provides a foundation for them to develop the knowledge, skills and confidence to engage successfully in Physical Education, physical activity and sport. **BURSTS** supports this journey by providing opportunities for **EVERY** child to develop essential Fundamental Movement Skills, often referred to as ABCs (agility, balance and coordination), in an age and stage appropriate, fun way.

As the name suggests, **BURSTS** provides ideas for children to engage in short bursts of activity, so it might be that you only play for a short period each time. Just 10 minutes a day will make a massive difference! The adventures, challenges and games are designed to allow the child choice – just like a computer game does.

Recognition of the amount of play and key milestones of activity and progress will be celebrated both on the app and in the classroom.

Click [here](#) to see more about how **BURSTS** works and a resource area for further support.

Your data and privacy is important to us and as such **BURSTS** is ad free, child safe, with no data shared with third parties. Click [here](#) to see our full privacy policy.

You will be receiving an email from **BURSTS** (info@burstsapp.co.uk) asking you to download **BURSTS** to your smartphone and set up your child's profile using a unique join code. Once complete, you can start exploring and playing!

Kind regards

Mrs Jonquil Wood
Year 5 Class Teacher
RAP PE Co-ordinator

