

THE FOOD EXPLORERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Oriental Rice Bowl	Top Your Pizza	Yorkie Pudd Wrap	Kung Fu Katsu	Chip Shop Day
	Sticky Chinese chicken served on a bed of mixed vegetable rice! Or Cheese & Bean Lasagne	Top with your choice of Pepperoni, Ham, Cherry Tomatoes, Peppers or Sweetcorn, served with Herby Wedges & Broccoli Or Traditional Beef Pasta Bolognese	Delicious Roast Gammon, Roast Potatoes and Carrots in a Giant Yorkshire Pudding with extra Gravy to dip!!! Or Lentil & Stuffing Pastry Roll	Chicken Katsu Curry served up with some Rice and Chapatti stick for dippin! Or BBQ Quorn & Peppers with Rice	Fish, Chips, Baked Beans served with a slice of Bread & Butter. Don't forget the Tomato Ketchup!! Or Vegetable Nuggets & Chips
Week 2	Pizza bar	Bangers & Mash!	Yorkie Pudd Wrap	Holy Macaroni!	Chip Shop Day
	These slices are cut a little smaller so you can mix and match. Served with Herby Wedges & Peas! Or Salmon Pasta Bake	Pork & Beef Sausage or Veggie Sausage, on fluffy mash potato with an extra gravy pot for dippin or covering!	Roast Turkey loaded into a Giant Yorkshire Pudding, Broccoli & Cauliflower with extra Gravy to dip!!! Or Veggie Cottage Pie & Gravy	Cheesy Cauliflower macaroni pasta bake! Served with dough balls and Mixed Salad! Or Mild Caribbean Chicken Curry with Carrot Rice	Fish, Chips, Baked Beans served with a slice of Bread & Butter. Don't forget the Tomato Ketchup!! Or Tex-Mex Vegetable Fajita Wrap
Week 3	Italiano Monday!	Who's for Chilli?	Yorkie Pudd Wrap	Hurry Hurry Chicken Curry	Chip Shop Day
	Chicken Pasta bake served with peas and cheesy garlic bread for mopping up that sauce! Or Mixed Vegetable & Bean Fajita with Wedges	Mild beef chilli served with sticky rice and sweetcorn! Garlic dough balls for savoring that sauce! Or Veggie Chilli Nacho Bake With Rice	Delicious Roast Chicken or Quorn Fillet, Roast Potatoes and Broccoli in a Giant Yorkshire Pudding with extra Gravy to dip!!!	Homemade Chicken Curry spiced up with some Carrot Rice and Chapatti stick for dippin! Or Baked Mac 'n' Cheese	Fish, Chips, Baked Beans served with a slice of Bread & Butter. Don't forget the Tomato Ketchup!! Or Vegan Sausage Roll & Chips

