



## **Rossett Acre's School Sport Competitions**

Sports competitions can provide positive outcomes for young people. They can support the physical, emotional, social and personal development towards a life-long enjoyment and engagement in physical activity. These include important life skills such as leadership, teamwork, empathy and conflict resolution.

At Rossett Acre Primary School, we actively seek to effectively meet a young person's motivation, competence, and confidence levels. At the heart of our provision is the creation of positive experiences that provide our pupils with a platform to develop a life-long love of physical activity and sport.

The nature of competitive school sports, external from the school setting, is used as a means to encourage greater participation as opposed to the traditional 'first XI' approach. We aim to provide our pupils with opportunities to compete in sport and other activities which build character and help to embed values such as fairness and respect. This creates a focus on the process and wider outcomes for our pupils rather than the short-term measures of simply winning or losing any given competition.

As a school, we pride ourselves on inclusion and enabling as many pupils as possible to engage with school sports. As engagement with sporting fixtures is high amongst our pupils, the selection process will typically be 'random selection'. The school will keep a record of those pupils who have engaged with additional school sporting competitions and ensure that as many pupils as possible can take part in these experiences over several years. If a competition is oversubscribed, staff will check the spreadsheet to see who has not taken part in a competition previously; this will ensure the fairest possible selection process. After this, 'random selection' will occur, if necessary.

Rossett Acre currently attends competitions organised through Sporting Influence. Throughout the year there will be half termly events providing opportunities for Years 2-6 to experience playing a variety of sports against other schools in the cluster. Where the event is mixed gender, we will aim to take a fair ratio of boys and girls; according to those pupils who express an interest.

In addition to the above, there are also opportunities throughout the year for pupils to attend competitions which will have a highly competitive nature and therefore will require our strongest players; ideally those pupils who have experience of playing the chosen sport as part of an external club. It is at the discretion of the PE Lead and Year Group Leader as to which pupils are chosen. Their decision is final and cannot be altered once announced.

If you wish to read more research into the approach we have chosen to implement, please read the attached research led by 'Youth Sport Trust': <u>https://media.yourschoolgames.com/documents/Reframing\_Competition.pdf</u>





## Out of School Hours Learning (OSHL)

The aims of the out of school hours learning programme at Rossett Acre Primary School are to extend and enrich the PE curriculum and to provide some pupils with opportunities to enable them to develop these skills further. Our diverse weekly programme will reinforce the importance of keeping physically active in order to lead a healthy lifestyle. Rossett Acre Primary School offers a wide range of lunch-time and after school activities. These are open to any pupil in the relevant year group.

The school will keep a spreadsheet record of those pupils who have engaged with OSHL's and ensure that as many pupils as possible can take part in these experiences over several years. If a club is oversubscribed, staff will check the spreadsheet to see who has not taken part in a club previously; this will ensure the fairest possible selection process. After this, 'random selection' will occur, if necessary.

All out of school hours learning opportunities are developed in consultation with pupils. The programme will:

- Provide a balance of competitive and non-competitive activities through intra and inter school events.
- Provide specific movement/general physical activity clubs, which develop fitness.
- Aim to ensure that every pupil is offered the opportunity to attend at least one OSHL activity each week (Key Stage 1 and Key Stage 2).
- Ensure that the school participates in School Sports Partnership (SSP) and Countywide events which promote physical activity and support links to community clubs.

To ensure the quality and sustainability of the OSHL programme, the school will:

- Employ a range of auxiliary qualified and experienced coaching staff and implement quality assurance through the subject leader involved in the SSP programme.
- Ensure that the subject leader is responsible for forging strong local community club links (club coaches visit school / pupils attend club taster days).
- Inform pupils and parents, via the school newsletter, of the range of OSHL opportunities within the wider community.