



ROSSETT ACRE PRIMARY SCHOOL
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*Our school:
 'Excellence and happiness for all'*

Charity No.1048680

NEWSLETTER FOR ROSSETT ACRE – 12 October 2023

Forthcoming dates for your diary

Fri 13 Oct	TRAINING DAY – Children not in school today
Tue 17 Oct	Open Classrooms 9am – 9.30am. Meet in the sports hall after dropping your children off at class.
Wed 18 Oct	Harvest Festival at St Marks Church Years 1-6.
Thurs 19 Oct	Year 4 Eden Camp Visit.
Fri 20 Oct	Walk to School Day.
Thurs 19 Oct	Open Day for September 2024 starters.
Thurs 19 Oct	EYFS, Y1, Y2, Y3 Story Evening 6-7pm – booking link below.
Fri 27 Oct	Close for half term holiday at the normal school time
Mon 6 Nov	School re-opens at the usual time.
Thurs 9 Nov	Parents' Evening – In Person – Details to follow.
Sat 11 Nov	PTA Jumble Sale 10-12pm. Details below.
Mon 13 Nov	Flu vaccination programme
Tues 14 Nov	*NEW* Parents' Evening – Online – Details to follow.
Fri 17 Nov	Children in Need.
Thurs 23 Nov	Year 4 Nell Bank Parents' Meeting 6pm.
Tues 5 Dec	*NEW* Year 3 Temple Newsam Visit

I have been absent due to illness for the last two weeks so it was lovely to get back into school this week and see what the children have been getting up to. I have seen some lovely creative writing in Y4 and Y6, lots of super engaged children across school in Maths lessons, some lovely phonics work in Y2 and EYFS captivated listening to storytime. The children playing and enjoying the weather has been also an absolute joy to see.

It was great to see so many parents and carers at our Parent Breakfast event on Tuesday as part of World Mental Health Day; we hope you enjoyed the treats on offer and managed to take a small breather



and a well earned moment of calm. We received really positive feedback from those that joined us and Hutchisons, our new caterers, did a fantastic job of providing a stunning array of breakfast goodies for us. Laura, who is Hutchinsons nutritionist, Mr Sheriff (CEO) and Amanda Thornton-Jones (Director of Primary Education) also joined us and chatted to parents/carers, as did North Yorkshire Council's Healthy School Programme Team who gave out leaflets, advice and guidance about healthy packed lunches.

In the classroom's on World Mental Health day the children were engaged in activities relating to mental health, many of them were also wearing yellow to celebrate the day, which was great.

Some of the fabulous activities in school were:

- Discussion cards surrounding mental health
- Thought bubbles showing how we can support our own mental health
- Mindful colouring
- Creating paper chains to show connections of what and who are important to each child
- Discussing what Mental Health is and what it means to have a healthy mental health.
- Discussing how to manage mental health – coping strategies linked to the Zones of Regulation.
- Meditation
- Draw along with Rob
- Read 'Find Your Happy' by Emily Coxhead, discuss what makes us happy and helps us when we're feeling worried
- Making balloon flour stress toys
- Anna Freud animation about how we all have mental health
- Share self belief warriors mood booster clip
- Creating our own positive check lists to help us to keep a healthy and positive attitude to mental health
- Small groups, researching a specific mental ill health condition and producing an A3 sheet with two headings: What is it like? How can we help? Each group presented back to the rest of the class – raising awareness and destigmatizing.

QUOTE OF THE WEEK

'Knowledge will bring you the opportunity to make a difference.' (Claire Fagin, nurse, educator, academic and consultant)

CONGRATULATIONS

Congratulations to the children who received a certificate in last week's celebration assembly: All of Early Years, Romilly E-D (AB), Lilly F (ER), Amelia D (JW), Isobel W (EM), Jonah T (KM), Archer K (JJ/CR), Thea S (AI/LS), Oliver P (PA/EH), Annabelle E (MW), Isla S (SK), Jessica M (TM), Tyree B, Iqra K (CD).

Congratulations to the children on **Top Table** last week: Amelia P (ER), Gabriel R-C (JW), Freddie W (JJ/CR), Lennon G (AI/LS), Lenny D (SK), Alina H (TM).

PICTURE BOOK ASSEMBLY



Yesterday, Miss MacGillivray read 'That's Nice, Love' by author Owen Gent, which links to our work on World Mental Health Day.

Goodreads describes it as the following: 'Imagine a trip to the park with butterflies and snakes and monkeys and a giant leopard – magical! Imagine missing it all because you're distracted... A beautiful story about the importance of looking up, paying attention and sharing adventures.'

A message about putting your phone away and living in the moment.

The music this week was: Out In The Country – Cliff Richard

Attendance for the week Friday 6 October to Thursday 12 October:

95.24%

Eco Committee's Weekly Top Tip:

Swap clothes with friends instead of buying new

PTA JUMBLE SALE - Reminder

The PTA Jumble Sale is on Saturday 11th November, from 10am - 12 noon. We need volunteers to make this event a big success. Helpers are needed on Friday 10th November, anytime between 2pm and 5pm to help set up. Even if you can just spare a half an hour it would be helpful. We also need volunteers to help man the stalls on the Saturday morning, either at 9.45am or at 10.45am for one hour. Please email Mrs Vlack if you are able to help: vlackg@rap.rklt.co.uk. We also need people who might be able to come after the sale at 12noon with their car to take leftovers to local charity shops. Thank you.

Please start saving your jumble donations at home. We need clothing in good condition (adults and children), accessories, toys, bric a brac and homewares. No books please. Collect everything at home until after the half term holiday, and ask your friends and family to do the same. Thank you

PTA STORY EVENING

The PTA are holding a story evening on Thursday 19 October 6-7pm. Details are attached to the newsletter. Tickets are available from the PTA at www.pta-events.co.uk/rossettacre

COMMUNITY NEWS

Carol Moxon, Specialist Practitioner, Communication and Interaction Team (SLCN) from Harrogate, Knaresborough and Ripon SEND Hub has sent the following information to share with parents/carers regarding free learning workshops from Autism Central, Daisy Chain Project:

These online sessions are free and open to families living in the North East and Yorkshire. Autism Central offers families and carers of autistic people high-quality and easily accessible autism education, training, and support through peer educators, alongside a dedicated website. Peer educators are autistic people, and parents and carers of autistic people, who have been trained to support other families. Daisy Chain Project hub is delivering Autism Central in the North East & Yorkshire NHS England region. www.autismcentral.org.uk

Please see information below for each individual session, as times, days and delivery methods are varied. You can access our training sessions if you are a parent/carer, professional or personal assistant.

Upcoming sessions

- 13th October – ADHD / 10am-11:30am
- 20th October – Sensory / 10am-11:30am
- 23rd October – Girls and Autism / 5pm – 7pm
- 27th October – Communication strategies / 10am-11:30am
- 3rd November – Girls and Autism / 10am-11:30am
- 10th November – Visuals / 10am-11:30am
- 17th November – Introduction to Autism / 10am-11:30am
- 24th November – PDA / 10am-11:30am
- 1st December – Transitions – Preparing for Christmas / 10am-11:30am
- 4th December – Transitions – Preparing for Christmas / 5pm – 7pm
- 8th December – Intro to Autism // 10am-11:30am
- 15th December – Parent/carer Wellbeing over Christmas / 10am-11:30am
- 22nd December – ADHD / 10am-11:30am

See website for booking details:

[Learning Workshops - Daisy Chain \(daisychainproject.co.uk\)](http://Learning Workshops - Daisy Chain (daisychainproject.co.uk))

Understanding Your Own Trauma

The Solihull Approach is proud to introduce a new online resource:

[Understanding your own trauma](#)

For those who have experienced trauma or who may be supporting a friend or relative to process trauma, [Understanding your own trauma](#) is a short online course designed to help learners to:

- understand the diverse nature and impact of trauma experiences
- learn effective ways to process trauma
- nurture resilience through healthy relationships
- understand more about emotional health and wellbeing

By following this course, individuals can gain the knowledge and tools needed to better navigate their personal journey and emotional wellbeing.

Course information:

- Created by experts in trauma and recovery as well as lived experience
- Private, self-paced learning. Available at any time
- Available on www.inourplace.co.uk from 10 October
- **Free for North Yorkshire residents using access code [NYfamilies](#)**

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace

NHS

Supporting emotional health and wellbeing from 0-19+ years

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Scan me to visit
www.inourplace.co.uk

Enter the Access Code:
NYfamilies

Free for residents of:

North Yorkshire

SI
ACTIVITY CAMPS

ASHVILLE COLLEGE
50% OFF
Friday 3rd Nov
CODE: FRIDAYFUNDAY

JOIN US AND EXPERIENCE THE DIFFERENCE

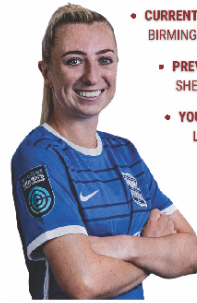
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• **YOUTH CAREER**
LEEDS UNITED

• **U.S. COLLEGE CAREER**
UNIVERSITY OF MONTEVALLO / UNIVERSITY OF NORTH GEORGIA

What to expect:

- Skills & drills with our qualified coaches
- Train on the pitch with Jade
- An insight into what it takes to "go pro"
- Tips on making your dream become a reality

There are a limited number of places available. Bookings taken on a first come, first served basis. You do not need to be attending the weekly Future Lioness PDC to join this session.

Session Details	How? 2 Simple Steps	What Next?
Date: Monday 30th October Location: St Aidan's CE High School, Harrogate. (3G Pitch) Time: 12pm - 4pm Cost: £27	1) Payment to be made to: Future Lioness Ltd. (Natwest) Acc no. 85258156 / Sort code: 55-81-11 Ref: Players Name 2) Please e-mail info@futurelioness.co.uk to confirm your payment and booking	We will e-mail you within 48 hours of payment to confirm receipt of payment and your booking
<p>This is one training session you don't want to miss!</p> <p>www.futurelioness.co.uk</p>		

Literature Festival

One Little Word with Children's Laureate Joseph Coelho | Sat 21 Oct | 10.30am | The Crown Hotel | £7 per child | age 3-6

<https://harrogateinternationalfestivals.com/whats-on/joseph-coelho-one-little-word-3-6-21-october-2023/>

Get ready to let your imagination and creativity run wild on this journey of words, rhymes and pictures that will inspire any young storyteller.

Join Waterstones Children's Laureate Joseph Coelho as he reads his fantastic new picture book One Little Word, a story all about friendship, understanding and the power of an apology. Followed by interactive poetry, colouring-in activities and the chance to unleash your creativity!

Poems Out Loud With Children's Laureate Joseph Coelho | Sat 21 Oct | 12 - 1pm | The Crown Hotel | £7 per child | age 6+

<https://harrogateinternationalfestivals.com/whats-on/joseph-coelho-poems-out-loud-6-21-october-2023/>

Calling all budding poets! Join Children's Laureate Joseph Coelho for a live interactive poetry session. He'll read some poems from his new book, Poetry Prompts, before writing a new poem with the help of his audience. Have fun guessing riddles, powering up your poetry skills, and discovering just how easy it is to be courageous with poetry.

Art is Everywhere with Joe Hadow | Sat 21 Oct | 1.30pm | The Crown Hotel | £7 per child | age 9-12

<https://harrogateinternationalfestivals.com/whats-on/joe-hadow-art-is-everywhere-9-12-21-october-2023/>

Art is everywhere around us, we just need to know how to look for it...

This is a session to show everyone how art can be found in so many different places, and created by so many different people. Whether you sing, draw, write, dance, paint, act, play an instrument or tell jokes, or if you are just wanting to find out how to discover what kind of artist you want to be, meet the incredible people making art of all kinds and follow the tips to make your own art!

Draw with Rob | Sun 22 Oct | 1pm | The Crown Hotel | £7 per child | age 5+

<https://harrogateinternationalfestivals.com/whats-on/draw-with-rob-biddulph-5-22-october-2023/>

Join Rob live at this fun-filled interactive event, brimming with creativity and imagination. Bringing to life the characters from his award-winning children's books, Rob is ready to inspire and engage the next generation of artists.

I hope you all have a wonderful weekend.

Corrine Penhale
Headteacher