

Year One Overview Autumn 1 2025

Africa vs the Arctic



In Year One we love to learn and to develop new skills in a positive, stimulating and rewarding environment. We are extremely lucky to have large and welcoming classrooms. Initially we play and learn very much as we did in EYFS. We have many areas to support this continuous provision, including a creative area, sand, water and playdough, dramatic role-play, industrious construction, exciting small world and calm and relaxing reading corners. As the year progresses, our learning becomes more focused as our skills develop. Don't worry; we still have lots of fun making new discoveries and amazing ourselves by what we can do!

Music

- KAPOW Music: Keeping the Pulse
- Harvest Festival songs

English

- Drawing club continued from EYFS: each week we have a focus book. Children learn new, exciting vocabulary that we revisit each day of the week. We draw characters, settings and we 'wonder'. Children are encouraged to use their imagination to write about their drawings.

Phonics

- Little Wandle continued from EYFS: Phase 3,4 and 5

Science

Animals Including Humans (Animals focus)

- Animal groups: mammals, fish, birds, amphibians and reptiles
- Animal diets: herbivores, carnivores and omnivores

Computing

- Technology around us

Art

- Artist study: Frida Kahlo
- Paint and draw self-portraits
- Collage skills

RE

- Key question: Who is a Christian and what do they believe?
- Talk about some simple ideas about Christian beliefs about God and Jesus.

Maths

We will be focusing on number this half term:

- Place value within 10
- Starting addition and subtraction within 10
- Number formation
- Counting songs such as, Ten Green Bottles and Ten in the Bed

Geography

- Seasonal weather - autumnal changes
- Comparing the basic geography of Africa and the Arctic - thinking specifically about location, animals and weather.
- Maps

PE

- Outdoors: Invasion games
- Indoors: Coordination and balance

DT

- Understand where food comes from
- Use the basic principles of a healthy and varied diet to prepare dishes
- Making fruit kebabs

PSCHE

- Class rules and routines: Ready, Respectful, Safe and The Golden Rule
- *No Outsiders* books including, Elmer
- Meaning of a healthy body and healthy mind
- Starting to discuss the Zones of Regulation